



328 Bonaventure Suite # 2  
Trinidad, Colorado 81082  
Ph (719) 846-6300  
Fax (719) 846-9500  
Email: [info@marcibowers.com](mailto:info@marcibowers.com)

## Trinidad, Colorado - Accommodations and Lodging

Below is a list of hotels/motels in the Trinidad area. You probably should contact each individually for current rate information and amenities. Normally, GRS requires a 4-nite stay at Mount San Rafael Hospital (MSRH), with a 2-nite stay at The Morning After Guest House (included in the hospital fees). Guests are welcome at MSRH through visiting hours, which end at 8PM.

You can ask other Trinidad alumni for recommendations and experiences with regard to travel and accommodations at the Trinidad Support yahoo group:

<http://health.groups.yahoo.com/group/trinidadsupport/>

### **New options for lodging in Trinidad!**

**The Morning After Guest House is now open! You can view information about the Morning After here:** [http://www.marcibowers.com/grs/Morning\\_After\\_Website\\_Rev.pdf](http://www.marcibowers.com/grs/Morning_After_Website_Rev.pdf)

**Option #2: Beautiful home away from home, created for Dr. Bowers' patients.** Enjoy our fully decorated and completely equipped 2-bedroom home during your stay in Trinidad. It has everything you need, just bring your luggage and groceries. For details and weekly special rates, call Tami at (303) 324-9174. You can view the home here:

[www.robinsonave.blogspot.com](http://www.robinsonave.blogspot.com) (Read about Robin's recent stay.)

Introductory Rates: \$100/night. Our home accommodates a maximum of 4 guests. **There is a seven night minimum; this is a short term home rental.**

Hotel	Location & Phone	Rates and Details
<b>Best Western</b>	Exit 13A, I-25 Trinidad 719-846-2215 / 800-955-2215	\$55.00 plus tax. (Must mention that you are a patient of Dr. Bower's to receive this rate). Seasonal. Deluxe Breakfast Buffet. Fitness and jacuzzi room, WIFI, Laundry. Weekly rates. Fridge & microwave. Mil/Gov Disc & AARP.
<b>BlackJack's Inn</b>	Exit 13B, I-25 Trinidad (719) 846-9501 <a href="http://www.blackjackssaloon.com">www.blackjackssaloon.com</a>	\$85 per night. Online booking required. Continental breakfast. Office center in parlor. Cable TV, Wireless internet in all rooms. No telephones in rooms. <i>Located downtown near shops and restaurants.</i>

Updated: January 5, 2010



328 Bonaventure Suite # 2  
 Trinidad, Colorado 81082  
 Ph (719) 846-6300  
 Fax (719) 846-9500  
 Email: [info@marcibowers.com](mailto:info@marcibowers.com)

Hotel	Location & Phone	Rates and Details
<b>The Colt Ranch</b>	Located about 15 minutes outside of Trinidad (719) 845-0353 or email <a href="mailto:coltranch@msn.com">coltranch@msn.com</a>	A western B&B with beautiful views, seclusion and privacy located in the foothills outside of Trinidad. <a href="http://www.coltranch.com">www.coltranch.com</a>
<b>Downtown Motel</b>	516 E. Main St. / 719-846-3341 <a href="http://www.downtowntrinidad.com">www.downtowntrinidad.com</a>	\$36 + tax (single) \$46 + tax (double). Single and Double weekly rates available. <a href="mailto:contact@downtowntrinidad.com">contact@downtowntrinidad.com</a>
<b>Holiday Inn Hotel and Suites</b>	Exit 11 – I-25 Trinidad (719) 845-8400	Single: \$109 (single) 15% discount for Dr. Bowers' patients, friends/family (Let front desk know at time of reservation or arrival that you are eligible for the discount.) Fridges, microwaves, business center, pool and hot tub.
<b>La Quinta</b>	Exit 11 I-25 Trinidad 719-845-0102	\$99 + tax (single) \$129 (Two Room Suite) \$20 discount for Dr. Bowers' patients. Microwave, Refrigerator, Iron, Coffee Maker, Free Continental Breakfast, Indoor Pool, Hot Tub, Fitness Room and Day Spa
<b>Prospect Plaza Motel</b>	416 State St. (719) 846-4422	\$39 (single) \$45 (double). Weekly rates available. Fridge, microwave, coffeemaker, Direct TV, 2 full size beds in every room. <i>Near the train station and several restaurants.</i>
<b>Quality Inn</b>	Exit 11, I-25 Trinidad 719-846-4491	Single: \$109 (\$79 Wntr). Double: \$119 (\$89 Wntr) AAA disc 10%, Mil/Gov, AARP, Indoor Pool. 10% Discount for Dr. Bowers' patients. High speed wireless in every room.
<b>Tarabino Inn Bed &amp; Breakfast</b>	310 E. 2 <sup>nd</sup> Trinidad 719-846-2115 <a href="http://www.TarabinoInn.com">www.TarabinoInn.com</a>	\$84 - \$129. 10% discount for 3 or more days, for Dr. Bowers' patients and family members. High speed wireless.
<b>Trails End Motel</b>	616 E. Main, Trinidad, Exit 13B 719-846-4425	Summer Rates - \$39.95 (single) \$54.95 (double) \$180 (weekly). 10% discount for Dr. Bowers' patients and family members (cash only). Rooms feature refrigerator, microwave, and coffee maker.
<b>Trinidad Motor Inn</b>	Exit 13B, I-25 Trinidad 719-846-2271 / 866-335-2134	Single: \$62, Double: \$68 Outdoor Pool, Game Room. AAA, AARP, Mil/Govt. High speed wireless available from lobby.



328 Bonaventure Suite # 2  
Trinidad, Colorado 81082  
Ph (719) 846-6300  
Fax (719) 846-9500  
Email: [info@marcibowers.com](mailto:info@marcibowers.com)

## Trinidad, Colorado – Shopping

Trinidad has a quaint downtown with general shops that are perfect for mementos, jewelry, or a nice remembrance of your experience:

- **Curiosities** – 305 West Main Street 719-846-0802  
Hours: Monday through Saturday, 10:00 am to 5:00 pm  
*Jewelry, clothing, imports (Asia)*
- **Curly's Bead Emporium** – 301 West Main 719-846-0802  
Hours: Monday through Saturday, 10:00 am to 5:30 pm  
*Beads and Curly*
- **Danielson Dry Goods** – 135 East Main Street 719-846-9606  
Hours: Monday through Saturday, 10:00 am to 5:30 pm  
*Home décor, candles*
- **Francesca's** – 212 N. Commercial Street 719-845-8508  
*Antiques*
- **This, That, and the Other** – 210B N. Commercial Street 719-680-0717  
*Clothing, furniture, collectibles*
- **Whispering Wind** – 269 N. Commercial 719-846-0452  
*Antiques*

For additional hotel information, check out the [Yahoo! Yellow Pages](#) or check out <http://www.trinidadco.com/Main/Lodging.asp>